# Help Your Child Thrive Parental Engagement Programme

***www.plusonelearningcic.org.uk***

**WORKING WITH FAMILIES TO SUPPORT LEARNING AT HOME IN THE EARLY YEARS**

## What?

We've been working for a number of years now to support hundreds of parents/carers across the UK to help their children thrive at school. We're passionate about giving parents/carers a real insight into what their children are learning at school and how they are being taught in a fun, relaxed, stress-free way!

Our programme has been described as 'The Golden Ticket' between home and school and gives parents/carers a real understanding of how they can support their children's learning and development. With a sound knowledge and understanding of EYFS and KS1 curriculum, our teachers weave in activities that help parents/carers develop skills which provide a solid foundation for good future progress both inside and outside the classroom, helping their children be the best they can be.

We're delighted to be delivering our programme in your child's school. We'd love you to join us in our 6-session programme to help you discover ways you can further support the development and wellbeing of your child and gain a real understanding of what goes on inside their classroom. It also gives you a chance to meet, chat and relax with other parents over coffee!

For those parents wishing to celebrate what their children are doing well or are wanting further support and guidance in other areas, a quick text exchange can often provide you with the support you are looking for! Many parents/carers say that the programme has had a hugely positive impact on their own well-being and stress levels too.

## How?

Our weekly sessions run in your child's school either just after drop off or just before pick-up time. You'll be met with a warm welcome, tea/coffee and biscuits and the sessions last between 60 -90 minutes. They are relaxed and stress free, plus you'll leave with lots of easy-to-use ideas and activities to do with your children to help them thrive!

Why not take a look at what other parents have said about the course in our testimonials and videos at:
***www.plusonelearningcic.org.uk***

## Course Content:

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| | Areas of Learning and Development | Parents/carers are equipped with practical activities to enhance their child's development in the following areas: |
| | Communication and Language | Games and activities to improve children's listening, attention, understanding and speaking. |
| | Personal, Social and Emotional Development | Strategies to promote wellbeing of both parents/carers and children. Practical tools to help build children's confidence, self- esteem, manage behaviour, self- regulation. Activities and games which help children to build relationships and develop empathy. |
| | Physical Development | Practical advice on sleep, routine, diet and exercise. Games and activities which promote the development of both gross and fine motor skills. |
| | Reading and Writing | Activities which help to develop a life-long love of reading and writing. Fun ways to develop children's comprehension. |
| | Maths | Number games which develop a deep understanding of numbers 1 to 10, number bonds, number patterns. Encouraging parents/carers to use language like greater than, less than, same as. |

Session 6 is a celebration and reflection of you and your child's hard work!

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Help Your Child Thrive
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